



CURRICULUM VITAE

Rebecca Sheppard

Independent Social Work Assessment and Consultancy Limited

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Contact Details and Professional Membership:

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Current Enhanced DBS

Profile:

Rebecca is an experienced Care Practitioner who has 20 years' experience supporting children and families with learning disabilities, autism and mental health needs. She is experienced in providing a person-centred approach when supporting families who may have a variety of complex needs.

Social Work Career:

Rebecca works with children and their families in a range of situations including families who are being assessed in the Court arena offering task focused support and supervised contact. She is experienced in balancing the needs of vulnerable individuals who are experiencing stress and difficulties. Rebecca has worked with a number of clients who have a variety of complex needs including parents and children with learning difficulties and neurodiversity. She has experience working with parents who have substance misuse, mental health difficulties and domestic abuse. Rebecca is able to support families she works with.

Rebecca has regularly supervised contact in a variety of settings, she is able to manage risk alongside promoting contact in a safe and child focused way. Rebecca is able to provide clear reports that are able identify strengths, weaknesses and a plan for future work and expectations.

Qualifications:

2000 GCSEs in English Language, English Literature, Maths, French, Science, PE, drama, Geography

2001 AVCE Health and Social Care

2013 NVQ Level 3 Caring for children and young adults in the workforce

2020 CACHE level 2, autism awareness and understanding behaviours which challenge

2020 Safeguarding and Prevent training

2021 PRICE training

2022 Care Certificate

2022 Oliver McGowen training

2023 Safeguarding for children, Safeguarding for adults

Training:

Rebecca has completed a range of additional training courses to enhance and strengthen her practice. These include:

- Effective Support plans
 - Level 3 first aid
 - Makaton
 - Epilepsy awareness
 - Conflict management
 - Lone working
 - Manual handling
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Employment History:**September 2024 to present****FSW for ISW Contact and Assessment Ltd**

- Rebecca completes supervised/supported contact for families both in public and private law matters.

September 2023 to present**Senior Year Leader for Charity supporting young adults with learning disabilities and autism (halow)**

- Plans and delivers a community-based programme for the young people nurturing independence
- Supports neurodiverse families and young people access the programme using a person-centred approach in all aspects of learning

- Direct work with families in identifying and managing communication/ behavioural difficulties
 - Provides strategies and resources for young people with behaviours that challenge difficulties
 - Writing of 6 monthly reports
 - Completion of initial and ongoing support assessments
 - Supporting and mentoring of new year leaders and project workers
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January 2023-September 2023

Ambulance Care Assistant for South Central Ambulance Service

- Providing a safe and professional patient transport service working with patients ranging from all ages
 - Ensuring KPIs are met and recorded
 - Record any safeguarding concerns to Safeguarding Lead
 - Inform and support family members with key information relating to the patient
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September 2021-January 2023

Mental Health Assistant- Cody Oaks and Samuel Cody School- Farnborough

- Supporting students with Social Emotional and mental health difficulties access the national curriculum within a new purpose-built school
 - Work alongside speech and language therapists to create communication aids specific to each individuals needs
 - Follow a therapeutic approach when supporting students with behaviours that challenge
 - Encourage families to support students within the home by using proven strategies within the school setting
 - Signposting parents to other agencies who may provide additional support
 - Work with outside agencies such a physiotherapists, OT and Educational Psychologists to support the students learning.
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July 2020-September 2021

Learning support worker The Romsey School- Romsey

- Supporting students with mild learning difficulties and autism access the national curriculum within a mainstream school

- Differentiate work given by class teacher so each individual is able to complete tasks
 - Support teacher with the general running of the session
 - 1:1 support and sessions for students focusing on social skills
 - Signposting parents to outside agencies
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October 2015-July 2020- Bar Owner Lanzarote

- General running of business, bookkeeping, stock taking, ordering, wages, rotas and managing staff
- Cooking and bar tending

September 2012-October 2015

SENDCO Spring Pre-school Frogmore

- Pre-school practitioner and a Special Educational Needs Co-ordinator within the setting, daily duties included providing a fun and safe play and learning environment for all the children, ensuring each child is given equal and specific access to learning and development. Working with families and other outside agencies to support children who may require additional support in accessing services and environments.
- Supporting one specific family with speech and language difficulties access therapy and provide SALT sessions on a 1:1 basis

April 2012-July 2012

Nanny

- Nanny in Frimley for two children aged 5 and 7, daily duties include school runs, homework, arts and craft and taking the children to after school clubs. During the day I cook a family meal and daily nursery duties.

2010-2012

Registered Childminder

- Ofsted registered childminder for 2.5 years at which time Rebecca cared for a little boy and also her own two children aged 3 and 5. She worked using the EYFS framework on a daily basis and very familiar with every child matters. Encouraged the children to be outside at every opportunity as felt children benefit from out-door experiences.

2003-2007

Senior Support Worker- Annie Lawson School Crowthorne

- supporting children with severe learning difficulties and challenging behaviour. The role as a residential support worker and Education Liaison Assistant is to encourage the student to become as self-efficient as possible

- encouraging basic life skills, independent communication systems appropriate to the individual, writing of behaviour programmes, annual and LAC reviews.
- weekly basis support the students on out of school activities to promote equal opportunities and enable the students to interact within their own local community.
- Responsible for all staff and students on shift safety and wellbeing.
- key worker for a number of students.